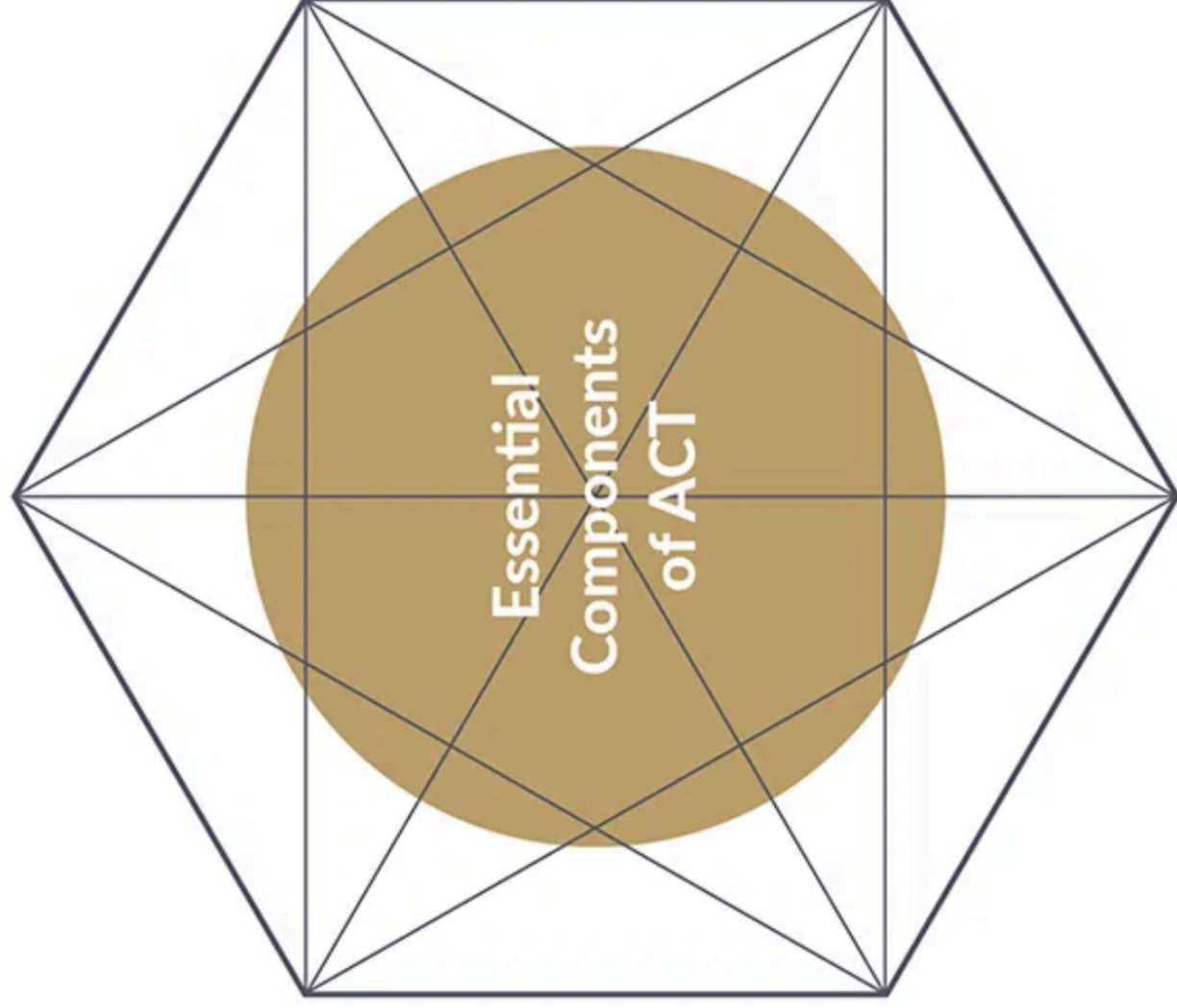


Contact with the Present Moment



Acceptance

Defusion

Values

Committed Action

Self as Context